



# Actividad 1; FEELINGS

2

- Reflexiona en torno a las siguientes emociones y expresa una situación que te haga sentir así.

 happy	 nervous	 scared	 angry
I am happy when I am with my family	I get nervous when I have to speak in public	I get scared when I see a spider	I get angry when I have to wait

## Actividad 2; OPINIONS

3

- Expresa tu opinión con respecto a los siguientes enunciados. *Puedes apoyarte con la página 37 del libro “Agreement and disagreement”*

a) It is better for you to drink water than soda.  
Of course, drinking water is healthier for us.

b) It is ok eat junk food sometimes.  
Yes, that is right, junk food is allowed sometimes

c) Junk food taste better than healthy food.  
Uh, no, not really, healthy food can be delicious

# Actividad 3; TYPES OF FOOD

4

- Describe estos tres tipos de comidas y da 1 ejemplo para cada uno de ellos.  
*Puedes apoyarte con la página 41 del libro.*

## **Healthy food**

This type of food is very important if we want to be healthy.

Example: fruits like oranges

## **Fast food**

This type of food is usually prepared very quickly.

Example: Pizza

## **Junk food**

This type of food is not nutritional and can cause negative effects.

Example: Ice cream

# Actividad 4; COUNTABLE AND UNCOUNTABLE NOUNS

5

- Nombra 3 sustantivos contables 3 sustantivos no contables. *Puedes guiarte con la página 42 del libro.*

## **Countable nouns**

1. Mobilephone
2. Pencil
3. Tomato

## **Uncountable nouns**

1. Money
2. Information
3. Sugar

## Actividad 5; ADVICES

6

- Escribe dos consejos que sirvan para tener una vida saludable. *Puedes apoyarte en la página 44 del libro.*

**Let's have a healthy life!**

1. You shouldn't smoke
2. You should walk regularly