

7th Grade



Página 38-39

Texto “A recipe, Healthy and delicious”

Actividad 1, Before Reading; Observa las imágenes y responde

¿Sabes cómo preparar algún snack saludable?

¿Cómo podemos asegurarnos de que lo que preparamos es saludable?

Actividad 2, While Reading; Lee el texto y responde

a) ¿Cuál es la característica principal de una *bruschetta*?

But first, what are *bruschettas*? Well, *bruschettas* are a typical Italian snack that is eaten at the beginning of a meal. Their main characteristic is that they are made with toasted bread, garlic and olive oil.

b) ¿Por qué es importante cocinar con la ayuda de un adulto?

Attention!

Cooking can be very fun, but it can also be dangerous. If you want to prepare these bruschettas, you must ask for the help of an adult first.



c) ¿Por qué se describe a la *bruschetta* como una versión sana de la *pizza*?

Because it has some similar ingredients but it is healthier.

Página 40 Actividad 3; Lee las oraciones y escribe la versión correcta en tu cuaderno

Lesson 3

3. Read the text on pages 38 and 39. Write the correct version of the sentences below **in your notebook**.
- Because of its strong taste, it's better to be very careful when you're adding *onion* / *garlic*.
 - Put some *olive oil* / *lemon* on one of the sides of the baguette bread before toasting it.
 - If you're looking to add some extra flavor to your preparation, you can put some *avocado* / *garlic cloves* on it.

Actividad 4; Escribe las partes de la receta en orden utilizando los conectores:

First, Second, Next y Finally.

4. Write the parts of the recipe below in order **in your notebook**. Use the connectors *first, second, next* and *finally*.
- a. Put the bread in an oven or toaster.
 - b. If you want to, put some avocado on the bread.
 - c. Start preparing the ingredient mix.
 - d. Ask an adult to help you.
 - e. Put the ingredient mix on the toasted bread and serve.

FIRST ask an adult to help you. *SECOND*, start preparing the ingredient mix. *NEXT*, put the bread in an oven or toaster, if you want to, put some avocado on the bread *FINALLY* put the ingredient mix on the toasted bread and serve.